

# ECO-MAPS

The eco-map helps to identify family resources at-a-glance. Areas of strength and concern are presented to assist in creating a picture of the family's world. Information is gathered in circles. Eco-maps are a snapshot in time. Periodically update changes in connections to resources—especially natural familial and community resources to maximize usefulness of the tool. The list below helps spur questions and generate deeper discussion about resources and strengths during the initial visit.

## Extended Family

- Who is in the area that can be a support for you
- What kind of relationship

## Income

- Financial status
- Sources of income
- Budgeting

## Friends

- Close – Supportive – Conflictive
- Where located
- What kind of contact - frequency

## Recreation

- What do you do for fun
- What do you do for relaxation
- What would you like to do
- Interests and / or hobbies
- What have you done in the past

## Spiritually/Religion

- Spirituality and/or religious affiliation growing up
- What kind of experiences did you have
- With what activities were you involved
- Current spiritual beliefs and religious affiliations

## Medical/Health Care

- ALL family members: physical illness or disease
- Effects of chemical use
- What kind of insurance
- Effects of chemical use
- Access to medical care
- Psychological illness, disease

## Social Services/Resources

- County or Tribal/Financial Services/Child Welfare
- Names of workers
- Neighborhood centers
- Agencies / counseling involved with in the past
- Positive or negative experiences

## Work/School

- Employment—past/present
- What work are you interested in pursuing
- What type of skills, vocation
- Degree or school until what grade
- Positive or negative experiences

## Neighborhood

- How long at present home
- What is your neighborhood like
- Do you feel safe in your home and neighborhood
- Where did you grow up, and what was it like

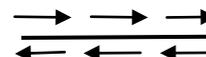
When showing connections with the ecomap, indicate the nature of the connections with a descriptive word or by drawing different kinds of lines:

Strong connections: -----

Tenuous connections: . \_ . \_ . \_ . \_

Stressful connections: // // // //

Draw arrows along the connection lines to signify the flow of energy and resources.



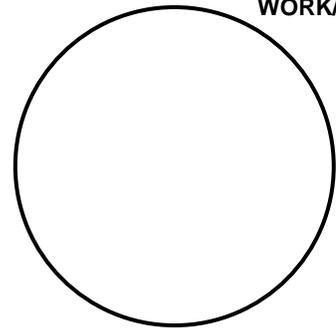
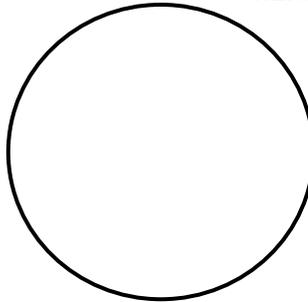
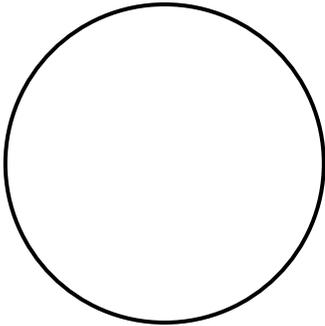
Identify significant people and fill in empty circles as needed. See the example *Kelly Family* below.

NAME: \_\_\_\_\_

**Extended Family/  
Significant Others**

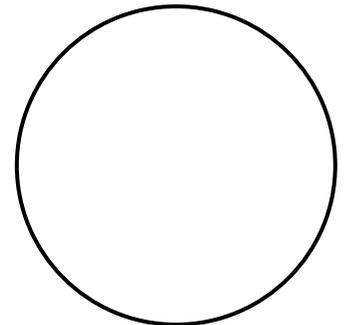
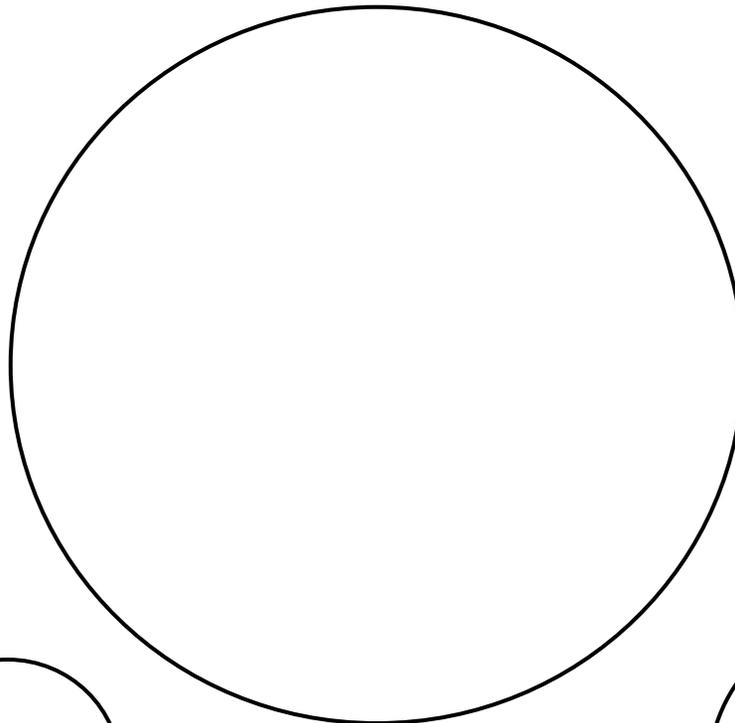
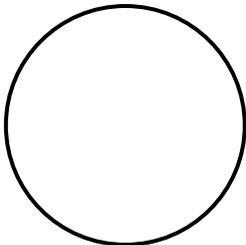
**NEIGHBORHOOD**

**WORK/SCHOOL**

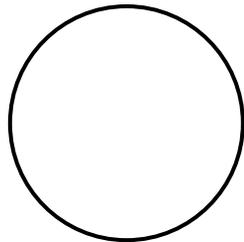


**INCOME**

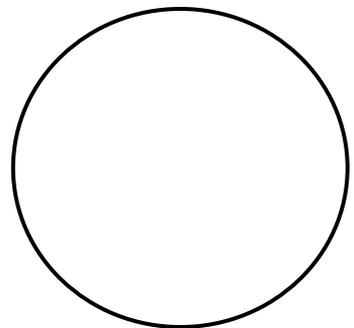
**SOCIAL SERVICES/  
RESOURCES**



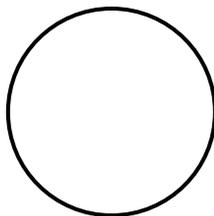
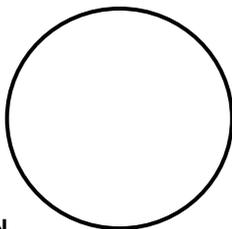
**MEDICAL/  
HEALTH CARE**



**FRIENDS**



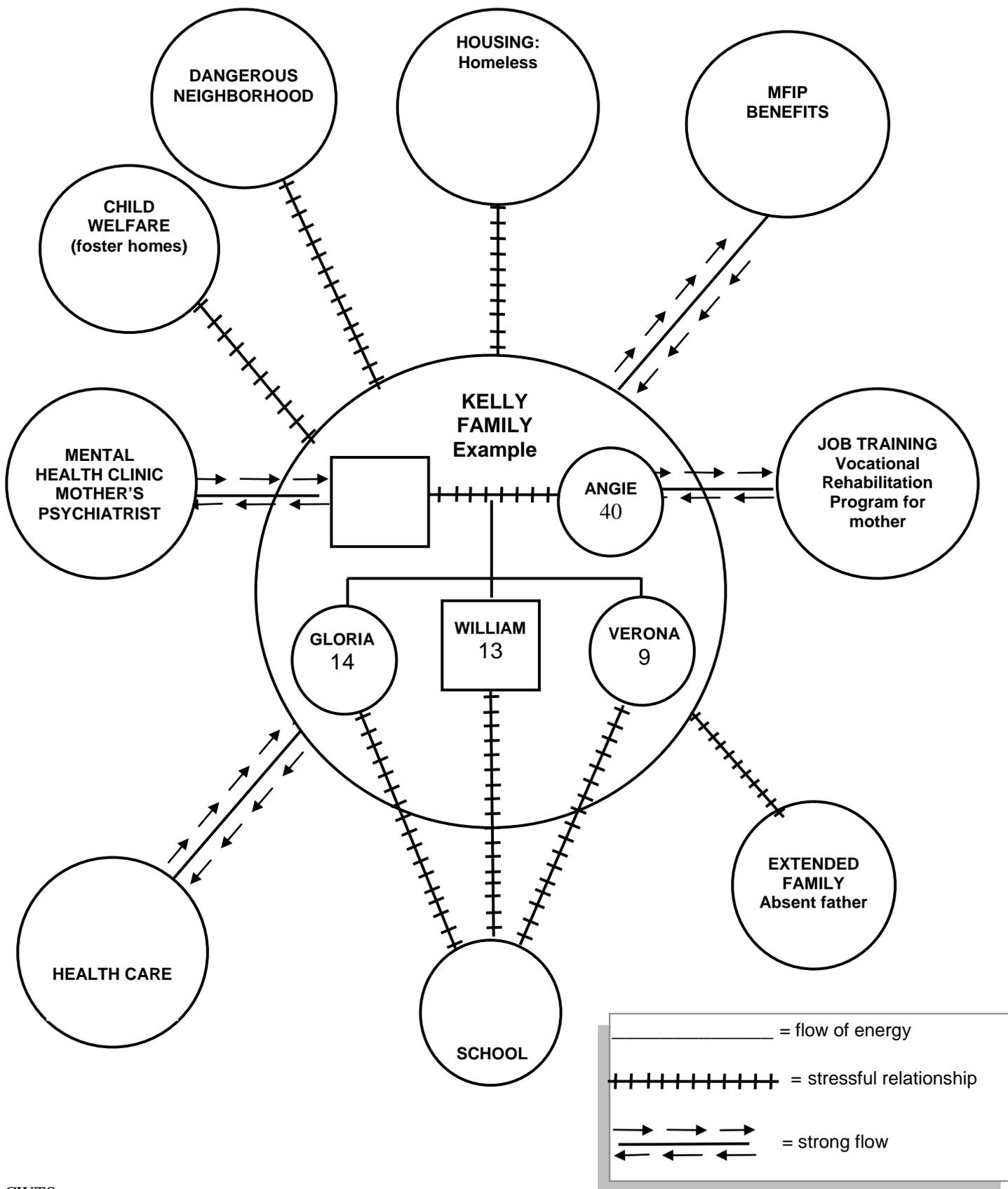
**RECREATION**



**CHURCH/SPIRITUALITY**

**STRENGTHS:**

**CONCERNS:**



Name: \_\_\_\_\_

Date: \_\_\_\_\_

